


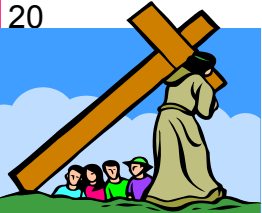
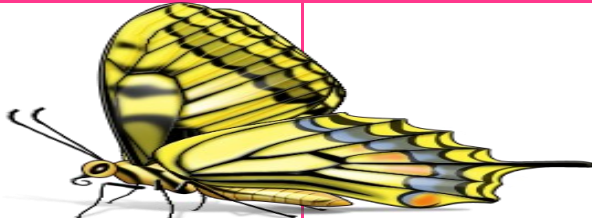





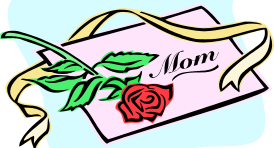




Deannwood Aquatics April 2014



Sun	Mon	Tue	Wed	Thu	Fri	Sat
KEY: L2S: Learn to Swim Lvl: Level 	Hours of Operation 6:30 am-8:00pm (Mon-Fri) 9:00 am-5:00pm (Sat-Sun) 1350 49 th St. NE Washington, DC 20019 www.dpr.dc.gov 202-671-3078	 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2	 9:00-9:45am Action Against Arthritis Water Aerobics 6:00-6:45pm Aqua Zumba 7:00-8:00pm LGTA	 9:00-9:45am Action Against Arthritis Water Aerobics 6:00-7:00pm Shallow Aerobics 7:00-8:00pm LGTA	 9:00-9:45am Action Against Arthritis Water Aerobics 6:00-7:00pm Shallow Aerobics 7:00-8:00pm LGTA	 10:00-10:30am P & C lvl A 10:45-11:15am P & C lvl B 11:30-12:00pm P & C lvl C 2:00-3:00pm LGTA
6	7 9:00-9:45am Action Against Arthritis Water Aerobics 6:00-6:45pm Aqua Zumba	8 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2	9 9:00-9:45am Action Against Arthritis Water Aerobics 7:00-8:00pm LGTA 6:00-6:45pm Aqua Zumba	10 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2 6:00-7:00pm Shallow Aerobics	11 9:00-9:45am Action Against Arthritis Water Aerobics 7:00-8:00pm LGTA 6:00-7:00pm Shallow Aerobics	12 9:00-10:00am KEEN GROUP 10:00-10:30am P & C lvl A 10:45-11:15am P & C lvl B 11:30-12:00pm P & C lvl C 2:00-3:00pm LGTA
13	14 Registration @ 6:30am 9:00-9:45am Action Against Arthritis Water Aerobics 6:00-6:45pm Aqua Zumba	15 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2	16 ALL AQUATIC FACILITIES CLOSED EMANCIPATION DAY	17 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2	18 9:00-9:45am Action Against Arthritis Water Aerobics 6:00-6:45pm Make Up Aqua Zumba (due to holiday 4*16) 	19 10:00-10:30am P & C lvl A 10:45-11:15am P & C lvl B 11:30-12:00pm P & C lvl C 2:00-3:00pm LGTA
20 	21 9:00-9:45am Action Against Arthritis Water Aerobics 5:00-5:30pm Adult L2S Lvl 1 5:00-5:30pm Youth L2S Lvl 1 5:45-6:15pm Youth L2S Lvl 2 6:00-6:45pm Aqua Zumba	22 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2 6:30-7:15pm Child L2S Lvl 3	23 9:00-9:45am Action Against Arthritis Water Aerobics 5:00-5:30pm Adult L2S Lvl 1 7:00-8:00pm LGTA 5:00-5:30pm Youth L2S Lvl 1 5:45-6:15pm Youth L2S Lvl 2 6:00-6:45pm Aqua Zumba	24 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2 6:30-7:15pm Child L2S Lvl 3 6:00-7:00pm Shallow Aerobics	25 9:00-9:45am Action Against Arthritis Water Aerobics 7:00-8:00pm LGTA 6:00-7:00pm Shallow Aerobics	26 10:00-10:30am P & C lvl A 10:45-11:15am P & C lvl B 11:30-12:00pm P & C lvl C 2:00-3:00pm LGTA
27	28 9:00-9:45am Action Against Arthritis Water Aerobics 5:00-5:30pm Adult L2S Lvl 1 5:00-5:30pm Youth L2S Lvl 1 5:45-6:15pm Youth L2S Lvl 2 6:00-6:45pm Aqua Zumba	29 5:00-5:30pm Child L2S Lvl 1 5:45-6:15pm Child L2S Lvl 2 6:30-7:15pm Child L2S Lvl 3	30 9:00-9:45am Action Against Arthritis Water Aerobics 5:00-5:30pm Adult L2S Lvl 1 5:00-5:30pm Youth L2S Lvl 1 5:45-6:15pm Youth L2S Lvl 2 6:00-6:45pm Aqua Zumba			
					Next Registration: May 12, 2014 @ 6:30am (Online or Onsite)	

Schedule of Events

- **Parent & Child A** (Sat. only) (10:00am– 10:30am) (8 sessions)
- **Parent & Child B** (Sat. only) (10:30am– 11:15am) (8 sessions)
- **Parent & Child C** (Sat. only) (11:30am-12:00pm) (8 sessions)
- **KEEN Group** (Every 2nd Saturday)
- **Lifeguard Training Academy** (Wed. & Fri. 7:00pm-8:00pm & Sat. 2:00pm-3:00pm)

- **Learn to Swim: Youth Level 1** (Tue. & Thur. 9:00am-9:30am) (8 sessions)
- **Learn to Swim: Youth Level 2** (Tue. & Thur. 9:45am-10:15am) (8 sessions)

- **Learn to Swim: Child Level 1** (Tue. & Thur. 5:00pm– 5:30pm) (8 sessions)
- **Learn to Swim: Child Level 2** (Tue. & Thur. 5:45pm- 6:15pm) (8 sessions)
- **Learn to Swim: Child Level 3** (Tue. & Thur. 6:30pm– 7:15pm) (8 sessions)

- **Learn to Swim: Adult Level 1** (Mon. & Wed. 5:00pm– 5:30pm) (8 sessions starting 4*21)

- **Action Against Arthritis Aerobics** (Mon, Wed & Fri. 9:00am-9:45am)(16 sessions) **55+ ONLY**
- **Shallow Water Aerobics** (Thurs. & Fri. 6:00pm-7:00pm) (16 sessions)
- **Aqua Zumba** (Mon. & Wed. (6:00pm-6:45pm) (8 sessions)

THERE MUST BE AT LEAST 4 PEOPLE REGISTERED FOR A CLASS TO BE HELD!!!!